

## What Is Scottish Country Dancing?

Scottish Country Dancing (SCD) is a type of traditional dance, today enjoyed worldwide. It evolved from early social dancing in England which was introduced in Scotland in the early eighteenth century. Influences from the French Court can be seen in the balletic foot positions used in SCD and in steps and figures such as pas de basque, allemande, and poussette. By World War II country dancing in Scotland had a tradition of more than 200 years. It was then and still is a form of dancing popular with all classes from ordinary people to gentry.

The preservation and encouragement of SCD was assisted in 1923 with the formation of the Royal Scottish Country Dance Society (RSCDS) which is still the official organizing body today.

SCD is social dancing. Participants dance with many people in a set, with eye contact, handing, covering, and polite assistance to less experienced dancers being important aspects of the dance.

SCD is also a modern, evolving dance form, with new dances constantly being written. Because it is taught by RSCDS trained and certificated teachers, it is done the same way all over the world.

The music of Scottish Country dancing is distinctive, whether the quick-time jigs, reels, and hornpipes, or the slow, stately, often romantic Strathspey. The Strathspey, unique to Scottish dancing, is played with a pronounced rhythm—the Scottish Snap!

### What 's to love about SCD?!

Practically everything! It's terrific fun, a wonderful way to make new friends locally and in the worldwide community of Scottish dancers, and it's great physical and aerobic exercise, while also providing a challenge for the brain. In fact, watch out, because Scottish Country Dancing is addictive, becoming a lifelong enjoyment for most dancers!

## Charlottesville Scottish Country Dancers



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<http://cscd.avenue.org>

### Contacts:

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(434) 996-0813

We invite you to  
join us!

### Charlottesville Scottish Country Dancers



**Regular Class,  
Monday nights 7-9 p.m.**

Instruction for New Dancers  
Monday nights at 6:30 p.m.

**Class Location:**  
Odd Fellows Hall (upstairs)  
(side street off Downtown  
Mall)  
116 4th St. N.E.  
Charlottesville, Va.

### CSCD sponsors:

dancing to **live music**, occasionally on regular class nights, occasional **Friday evening Technique Classes**, and two special yearly events attended by the regional Scottish dance community: the **Robert Burns Birthday Celebration** including afternoon dance, and evening dinner with all of the traditional Burns Birthday Supper activities, and the **End of Season Dance Party** in late May or early June. CSCD also fields a **demo team** which performs and participates in events locally and regionally.

### CSCD Teachers

Ron Lehmkuhl  
and Dale Mantautas  
rondaledancgypsy  
@aol.com  
(434) 979-3258

CSCD classes are taught by teachers with full or preliminary RSCDS Certification. CSCD supports teachers in training, as a governing ethos, through mentoring and incorporation of new teachers into the teaching schedule.



### General Information:

- ◆ New Dancers are always welcome! No prior dance experience necessary, and no partner is needed.
- ◆ Those new to Scottish dancing are strongly encouraged to attend Basic Instruction class. It meets at 6:30 p.m. just before regular class each Monday. During this time footwork and basic dance figures will be taught. Best is to subscribe to a six week series of basic instruction.
- ◆ Please call or email ahead to let a teacher know the first time you plan to attend Basic Instruction.
- ◆ You will need soft flexible shoes such as ballet slippers or jazz shoes or ghillies.
- ◆ There is no dress code for the weekly class. Typical attire is casual pants or the kilt for men, and casual skirts, dresses, or pants for women.
- ◆ Children aged 12 & up are welcome to dance, accompanied by an adult.
- ◆ Class is \$5 per class, except your second class is free. Pay for class nightly, monthly, or quarterly .
- ◆ CSCD is governed by an elected board, teachers, and the membership. You can view our constitution and bylaws at our website.
- ◆ One becomes a voting member of the group by attending five or more events per 12 months and signing the membership register.

**Scottish dancers attend classes, social dances, and balls in cities all over the U.S.A. and around the world!**

### Other Scottish Dance Opportunities

#### In Virginia:

##### Charlottesville area

Blue Ridge Scottish Dance Class  
Blueridgescdc.webs.com  
Celia and Bob Belton 434-979-0939  
trouto@embarqmail.com

##### Richmond

Scottish Country Dancers of Richmond  
www.richmondscottishcountrydancers.org  
Sandy Gallamore  
Agallamore@aol.com

##### Williamsburg

Www.facebook.com/  
WilliamsburgScottishCountryDancers

#### In the Washington Metropolitan area:

<http://rscds-greaterdc.org/>

##### Alexandria

Northern Virginia Branch  
Jay Andrews 703-719-0596  
Ellie Briscoe 703-461-7383

##### Washington D.C

The Washington D.C. Branch has classes in Baltimore, Bethesda, College Park, and Frederick. Please see website for contacts.